SHEPHERD'S STAFF

The Faith During the Season of Sun and Fun

During the warm summer days, as life slows down and the sun shines brightly, we have a unique opportunity to cultivate spiritual growth. While it's important to enjoy vacations and leisure activities, let us also prioritize the nourishment of our faith in this season of relaxation and rejuvenation. Here are some practical ways to nurture your spiritual growth during the summer, ensuring that your soul is refreshed and strengthened amidst the sun and fun.

Take a moment to appreciate the beauty of God's creations. Engage in outdoor activities like hiking, picnicking, or peaceful walks in nature. Let the wonders of creation inspire awe and draw you closer to God.

Set aside intentional time for personal reflection, journaling, and prayer. Create space for silence and solitude to reflect on your faith journey, seeking spiritual insights and deepening your connection with God. Use a spiritual or gratitude journal to capture your experiences, insights, and prayers throughout the summer months.

Make a point to attend church services regularly, even when you're on vacation. Explore different worship experiences in new locations to broaden your understanding of diverse expressions of faith. Embrace the variety of worship styles and engage wholeheartedly in praising and worshiping God.

Cultivate gratitude throughout the summer. Practice thankfulness by expressing gratitude for the blessings you experience each day. Consider keeping a gratitude journal or jar to collect moments of thanksgiving. Let gratitude shape your perspective and cultivate a grateful heart.

As we embrace the warmth of the summer season, let's not forget to nurture our spiritual growth alongside our physical and recreational pursuits. By intentionally immersing ourselves in God's creation, engaging in reflection and prayer, diving into spiritual reading, building community, worshiping with intention, serving others, and cultivating gratitude, we can experience profound spiritual growth during this time. May this summer be a season of deepening faith, renewed commitment, and abundant blessings as we draw closer to God and His purposes for our lives.

- Rev. Yo Han





Thank you to all who helped make VBS a success! It was another fun year as we learned all about being a Hero of God!

In Sunday School this month, we will be learning about the men who put their trust in God. Our memory verse will be *So our ancestors trusted God's words; they sang God's praise.* (Psalm 106:12)



	July 2023					Page 3
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	1
2 Communion Sunday 9:00am Contemporary- worship 10:30am Traditional worship 9:00am Adult Sunday School 10:30 Children/Bash Youth	3 Rev Yo Han at Korean UMC Clergy Retreat Playology 6:30am-6pm	4 Rev Yo Han at Korean UMC Clergy Retreat Office Closed	5 Rev Yo Han at Korean UMC Clergy Retreat Playology 6:30am-6pm	6 Rev Yo Han at Korean UMC Clergy Retreat Playology 6:30am-6pm Ruth Circle Bible Study 1-3pm	7 Rev Yo Han at Korean UMC Clergy Retreat Office Closed Playology 6:30am-6pm	8 Rev Yo Han at Korean UMC Clergy Retreat
9 Rev Yo Han at Korean UMC Clergy Retreat Debbie Anaya-Pacetti gives the message 9:00am Contemporary Worship 10:30am Traditional Worship 9:00 am Adult Sunday School 10:30 Children/Bash Youth	10 Rev Yo Han Han at Korean UMC Clergy Retreat Playology 6:30am-6pm Boy Scouts 7-9pm	Rev Yo Han Han office hours 8:30-12:00pm	12 Rev Yo Han Han Office Hours 8:30-12:00pm Playology 6:30am-6pm	13 Rev. Yo Han Office Hours 11am-12:30pm Playology 6:30am-6pm Ruth Circle Bible Study 1-3pm	14 Office Closed Playology 6:30am-6pm	15 United Women in Faith 12:00
16 9:00am Contemporary Worship 10:30am Traditional Worship 10:30 am Adult Sunday School 10:30 Children/Bash Youth	17 Rev Yo Han Han office hours 8:30-12:00 Playology 6:30am-6pm Boy Scouts 7-9pm		19 Rev. Yo Han Office Hours 11am-12:30pm Playology 6:30am-6pm	Rev. Yo Han Office Hours 11am-12:30pm Playology 6:30am-6pm	21 Office Closed Playology 6:30am-6pm Kairos Meeting 6:30-9:30pm	22
23 9:00am Contemporary worship 10:30am Traditional Worship 10:30 am Adult Sunday School 10:30 Children/Bash Youth		YOUTH 23 Conference	26 YOUTH 23 Conference Playology 6:30am-6pm	27 YOUTH 23 Conference Rev. Yo Han Office Hours 11am-12:30pm Playology 6:30am-6pm Ruth Circle Bible Study 1-3pm	28 YOUTH 23 Conference Office Closed Playology 6:30am-6pm	29
30 Nathan Montgomery gives message 9:00am Contemporary Worship 10:30am Traditional Worship 10:30 am Adult Sunday School 10:30 Children/Bash Youth	31					







July food for Hope

For July I'll be collecting snack crackers such as <u>individual packs</u> of Goldfish, peanut butter crackers, cheese crackers, or pretzels. These are distributed in take-home food bags for the kids.

Thanks so much for your donations to this ministry that helps children in Adams County schools and food banks in our area.

Food For Hope Upcoming Events

July 8: AM, ICAN 5k/10k with 3w Races at Riverdale Regional Park, PAV. B

https://www.ican5k.com/

July 29: 10am - 2pm, Thornton Bike-N-Brew starting and ending at Satire Brewing, Grant Circle in Thornton.

https://foodforhope.net/events

July 29 - AM, Pirate 5k with 3w Races at Margaret Carpenter Fields (South Side)

https://www.pirates5k.com/

**Food for Hope will also be the Nonprofit Highlighted at The Orchard Town Center's Summer Concert Series: My Blue Sky on Saturday, August 19th at 6pm. Stay tuned for a Fun Back to School Event HOPE NIGHT being held on Wednesday, September 6 at The Orchard Town Center from 5pm-8pm!

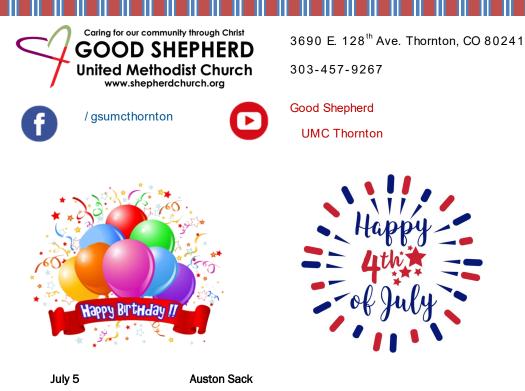
ALL EVENTS can be found at: https://foodforhope.net/events

SUMMER VOLUNTEERING: www.foodforhope.net/volunteer



PAINT-A-THON AUGUST 12, 2023

Sign up for this years Paint-a-thon is on the UMM bulletin board. This is a great opportunity to serve our community and see an immediate impact. More information will be coming as I find out the location of the home we will be painting. If you have any questions, please feel free to contact Hervey Smith at 303-452-4520, email <u>herveysmitho88@gmail.com</u> or catch me at church.



July 5	Auston Sack
July 5	Hunter McGraw
July 7	Sharon Tonsager
July 8	Danika Olivas
July 9	Karen Bueno
July 9	Dale Ayars
July 10	Pat Peterson
July 15	Kara Sack
July 15	Noelle McGinn
July 16	Myndi Atkinson
July 16	Lyle Schuetz
July 16	Madison Marvel
July 17	Ryan Pieken
July 17	Karen Woodson
July 18	Mike Jarvis
July 22	Terry Donnell
July 22	Dillon Merz
July 22	Josh Stirm
July 23	Adrienne Godwin
July 25	Dominic Andon
July 30	Linda Graham



Welcome our newest member, Monte "Kay" Botkin

GSUMC STAFF & MINISTRY

Rev. Yo Han Han

Pastor

Natalie Higgins

Office Manager Children's Ministry Director

Don Robinson

Treasurer

Berta Rynearson Financial Secretary

Administrative Board

Debbie DeLue Chair Debbie Anaya-Pacetti Vicky Goben Alan Campbell Clint Cederlund Kathy Bollfrass Julie Pieken Rejoice Kyei Nathan Montgomery Donna Newby Tim Collier Greg Krueger Jerry Saunders

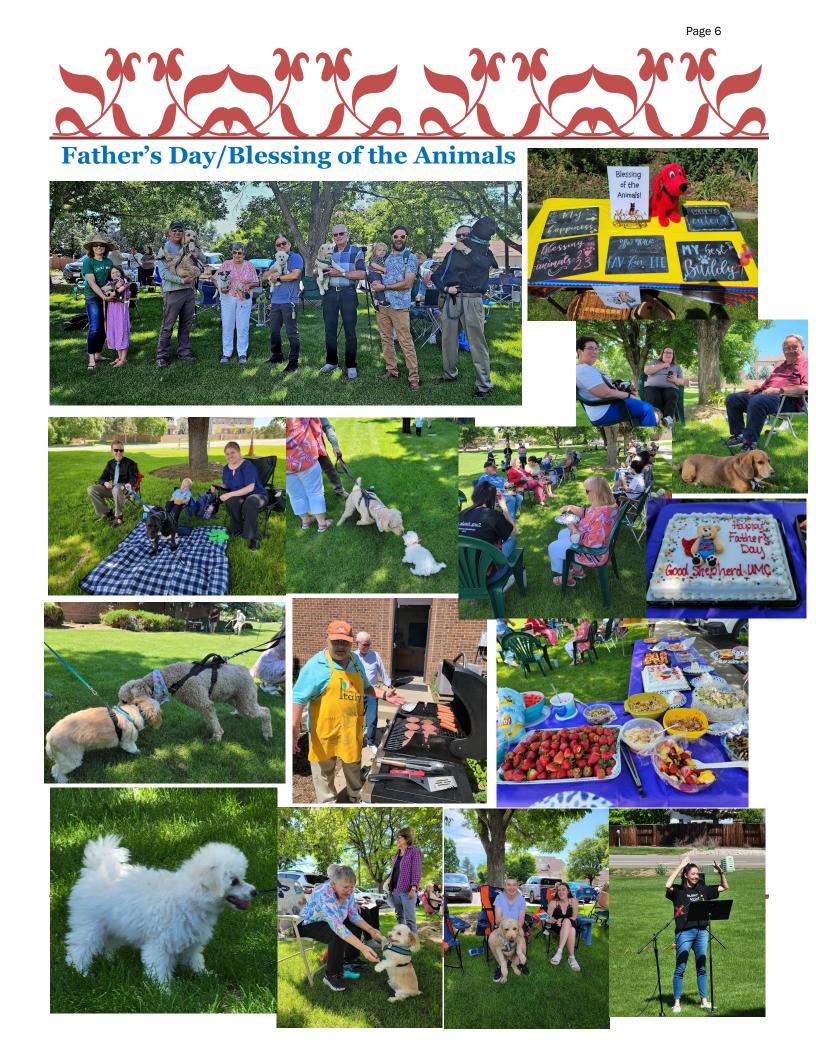
Recording Secretary Maria Smith

Music Team

Dr. Emily Alley (accompanist/Choir Director) Connie Anderson (Handbells) Meghan Gress (Praise Team)

<u>Nursery Supervisor</u> Sarah Rask





The Youth Group would like say to Thank You!

Thank you for your continued support of our youth group. Please see attached thank you letters from members of Good Shepherd youth.

YOUNG GENERATION/GRADUATION SUNDAY

